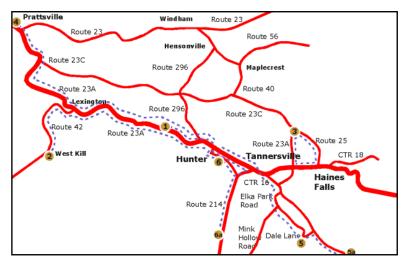
## **Road Biking**





Always ride on the right side of the road, with traffic.and obey all traffic signals.

**Ride # 1** The Village of Hunter to Ukrainian Catholic Church and return Route 23A out and back. Gently rolling terrain, great views of mountain peaks and valleys. The Ukrainian Catholic Church was built totally without nails. Ask at rectory to peek inside.

Difficulty: Easy Distance: 12½ miles

**Ride # 2** The Village of Hunter to West Kill. Rolling terrain, some hills. This route parallels and intersects some of the top trout fishing streams in the Catskills. Take Route 23A west to left on Route 42, follow Route 42 to Red Bear Inn on the left.

Difficulty: Moderate Distance: 25 miles round trip

**Ride # 3** Tannersville to Stone Church via Route 23A to County Route 25 to Route 23A and return to Tannersville. Big hills to picturesque stone church. Fast downhill back to Tannersville. Do it twice -- feel the burn!!

Difficulty: Hard Distance: 6.5 miles

**Ride # 4** Hunter to Prattsville and return to Hunter via Route 23A to Route 23 to Route 23A. Rolling terrain, good shoulder, little traffic. Stop to see Pratt's Rock, a historic spot and have lunch in Prattsville. There are 2 or 3 places for lunch or a snack in Prattsville.

Difficulty: Moderate to Hard Distance: 32 miles

**Ride # 5** Hunter to Route 23A East to County Route 16. Bear left at Elka Park, continue on County Route 16 to Antonio's on Dale Lane. Lots of hills... part of the original Tour de Trump course. For the truly adventurous, continue down County Route 16 through Platte Clove Road (Devil's Kitchen). Return trip is very steep. This hill section adds 10 extremely difficult miles to this ride.

Difficulty: Moderate Distance: 16 miles

**Ride** # 6 Dolans Lake to Route 23A West to Route 214 south, right on Ski Bowl Road, continue on Riverside Drive, right on Bridge Street, right on Main Street, back to Dolan's Lake. For those who want to relax on the shores of the Village of Hunter's Dolan's Lake Park while you unrack the bike for a quick spin. Enjoy Hunter Village's charming main street. For a quick, tough 2 mile detour, continue on Route 214 up a steep hill to the Devil's Tombstone recreation area, with its jewel-like mountain lake.

Difficulty: Easy Distance: 5 miles



**Ride** # 1 - South Mountain In Haines Falls, take North Lake Road (off Rt. 23A) to Scutt Road. Right onto Scutt Road into parking area on right. Trail head begins over foot bridge at end of Scutt. Follow Red/Blue or Yellow trail markers and make your own loops. When you reach the edge of the Escarpment on the Red trail, check out the Catskill Mountain site with its extensive views of the Hudson Valley; the trail beyond is not rideable. Note for Advanced Riders: Using your trail map take Sleepy Hollow Horse Trail down into Palenville (awesome downhill riding!), turn left onto Rt. 23A to Bogart Road. Left onto Bogart. Follow to Mountain Turnpike Road. Follow Mountain Turnpike Road (look for DEC trails signs) and take it back up the mountain to North Lake Boat House. Killer uphill ride! 2½ hour round trip.

**Ride** # 2 - Colgate Lake Yellow Trail Off Rt. 23A at Tannersville traffic light turn onto County Route 25. Follow to Route 23C (at Stone Church). Take Route 23C west to Colgate Road (County Route 78). Park in parking area just past Colgate Lake on left. Follow Yellow trail markers in as far as you want, then turn around. Good ride, but tough when wet.

**Ride** # 3 - Mink Hollow Blue Trail Approximately 8 miles of what was once an old logging road between Elka Park (Greene County) and Lake Hill (Ulster County). Trail runs between a number of mountains. The trail is a bit washed out from the floods of 1996, but worth the effort. At Tannersville traffic light turn onto County Road 16 and follow to Elka Park Road. Bear left at Elka Park Post Office and keep following road to left, to Mink Hollow Road.

**Ride** # 4 - Elm Ridge Ride From the Bike Shop at Windham Mountain Outfitters, take a left out of parking lot, and follow Route 296 straight through Hensonville, cross bridge and bear right on Route 40. In Maplecrest, make left on Route 56. Make a left on Peck Road and follow to end, where the trail begins. Trail is difficult in sections, so be prepared to walk and don't get discouraged. Follow trail to trail intersection signs, double-back 100 yards and make right onto unmarked trail. Follow trail to end, and make right down the hill. At end of hill, turn right and return to the Bike Shop. 3½ miles, intermediate to advanced.

## Windham Mountain Biking

Windham, NY 518 734-4300

Open for mountain biking and boarding and many events. 12 miles of biking trails. Terrain park and boarder cross track available for mountain boards, digglers and BMX





## **Experience the thrill of mountain biking!**

Whether you're into high speed downhill... or are just entering the sport... we have terrain for you.

Trails at the mountain's summit, accessible by chairlift, offer everything from gentle grades to more challenging

single-track. Strong climbers will love our wooded single-track loops that climb nearly 1,000 of vertical. And for the more adventurous rider, our guides can bring you down from the summit through our trail network.

Take your bike up the chairlift and ride the trails at the top. When you've had enough, you and your bike take the lift back down.

Guided tours from the top will be offered three times daily for those interested in riding down from the summit.

Terrain For Every Ability.... even at the Top

Explore the trails at the bottom, with easy riding for beginners. Gentle open slopes offer great views, and cool wooded trails wind through evergreen and hardwood forests. Test your endurance as you climb farther up the mountain. Trails at the base of the West Side offer some great family riding on easy terrain.



Scenic trails at the summit are accessible from the chairlift. Most of the trails at the summit are easy rides. More experienced riders will enjoy the ride from the top with one of our experienced mountain bike guides.

Mountain biking, like many vigorous activities, has certain inherent risks. Know the equipment you are riding and maintain your bike for optimal performance and safety. Test your brakes before you need them, and dry them with light pressure after riding through water.

Many aspects of risk involved in mountain biking can be reduced by always excercising good judgement and common sense while riding.

- 1. Always wear a helmet.
- 2. Never ride alone.
- 3. Always ride within your ability. If you encounter a stretch of trail that is beyond your ability, walk your bike until you reach a section you're comfortable riding.
- 4. Always ride in control and be able to stop at any time. Don't feel required to keep up with more experienced friends if you are uncomfortable riding at their pace.
- 5. Use caution and make your presence known when overtaking other riders.
- 6. Pedestrians have the right of way. Many of our summit trails are multi-use trails. Slow down when passing or overtaking pedestrians.
- 7. Be careful of loose clothing that may become entangled in your gears or chain.
- 8. Please do not litter. Respect the environment. As the old saying goes, "If you pack it in, pack it out."
- 9. Stay on marked trails.

Mountain Biking is open Saturdays and Sundays starting July 3 through October 3.