Saratoga Springs NY



Planning a visit to Saratoga Springs?

This historic Victorian city in Upstate New York has been attracting visitors since the 1700's. There's something for everyone in Saratoga!



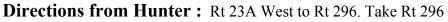
Renown as a health resort and dubbed, the 'Queen of Spas', Saratoga is host to several natural mineral springs and two historic spas. Pivotal battles of the American Revolution were fought in the area and historians consider the Battle of Saratoga the turning point in our War of Independence. Monuments, museums and battlefields illustrate the stories of our nation's first steps.

At the foothills of the Adirondacks, the area comes alive in the summer with horse racing at the harness and flat tracks. Saratoga boasts the oldest thoroughbred racetrack in the U.S. and draws visitors from around the globe. Downtown, the streets are lined with cozy shops, restaurants and bistros making this a perfect spot to spend the day. Take a leisurely stroll through the Yaddo rose gardens, or drive up North Broadway and see the beautiful Victorian estates. The Saratoga Performing Arts Center (SPAC) includes talented lineups of ballet, orchestra, jazz, opera and many contemporary artists as well.

There are a myriad of outdoor activities to keep persons of all ages and interests entertained. Look to the left-hand column for the variety of things to do in the open air. Saratoga is perhaps best known for its

Thoroughbred racing. Start your day with a trackside breakfast in the morning sun, then spend an exciting afternoon at the oldest and most beautiful thoroughbred race course in the nation.

In addition to the Saratoga Race Course, there are other popular activities that the entire family will enjoy. Saratoga can truly be called a city of parks and gardens. To enjoy the natural beauty of the region visit Saratoga State Park, and Saratoga Lake. Saratoga Lake is a popular summer destination where one can enjoy swimming, sailing, water-skiing, fishing and more.



North to Rt 23 East. Take Rt 23 East to The NYS Thruway I 87 North. Take the thruway North to albany and follow signs to continue on I 87 North. Take I 87 North to Exit for Saratoga Springs.

Saratoga Spa State Park The Public's Resort

Saratoga Spa State Park, distinguished by its classical architecture and listed as a National Historic Landmark, is noted for its diverse cultural, aesthetic and recreational resources. In addition to the nationally-known Saratoga Performing Arts Center, the Spa Little Theater, the National Museum of Dance, the Gideon Putnam Hotel and the Lincoln mineral baths, the park offers a multitude of traditional recreation opportunities. The Peerless Pool Complex consists of a main pool with a zero-depth entry, separate slide pool with a 19' double slide and a children's wading pool with a mushroom fountain. The Victoria Pool is a smaller pool surrounded by arched promenades. Both pool areas include showers, locker rooms and restrooms. The park has two beautiful golf courses; a championship 18-hole course and a challenging 9-hole course, complete with pro shop and restaurant. The gentle terrain offers picnic areas, shady streamside trails, suitable for the nature-lover or the casual walker, as well as certified running courses used by joggers and high school and college athletes. Winter activities include both ice skating and ice hockey rinks and cross-country skiing on 20km. (approx 12 miles) of trails.

Picnicking – Family picnic areas consist of grills, picnic tables and comfort stations: no reservations are required. The larger group picnic areas, complete with shelter, require advance reservations from the Park Office (see also Pavilion Rental Information).

Swimming – The Peerless Pool Complex consists of a main pool with zero-depth entry, a separate slide pool with a 19' double slide and children's wading pool with mushroom fountain. The Victoria Pool is a smaller swimming pool surrounded by arched promenades. Pool areas include showers, locker rooms, rest rooms and food concessions.

Golf – Two courses, a championship 18-hole course and a 9-hole Par 29 course will challenge any golfer. Saratoga Spa Golf

Tennis – Hardtop courts and clay courts are free to park visitors.



The Healing Waters

massages. **Hiking** – Fall, winter and spring outdoor activities

tradition, offering mineral water baths and

Mineral Baths – The Lincoln Baths continue the

Hiking – Fall, winter and spring outdoor activities make use of several miles of paths and trails

North Ballston Spa

winding through the Park.



Saratoga Spa State Park 19 Roosevelt Drive Saratoga Springs, NY 12866

Phone: (518) 584-2535

Saratoga Golf

Think Saratoga is all about horses? Think again. Golf Magazine just named Saratoga National Golf Course as one of America's Best in their new upscale course grouping. And, a recent review of Airway Meadows Golf Course stated "One of the Capital District's most challenging and pleasant places to play!". So get out and play some Saratoga golf at courses that are above par.



Saratoga Lake Golf Club

Located minutes from Saratoga Springs and Clifton Park (located at the south end of Saratoga Lake). This course offers a challenging Par 72 with 6270 yards of lushes greens and fairways, but not leaving out significant elevation changes, water hazards and wetland hazards. Call for tee-times (recommended). (518) 581-6616.

Airway Meadows Golf Course

Located minutes from Saratoga and Lake George, Airway Meadows G.C. is unique with it's small airport on the course. Beautiful surroundings, covered bridges, a walking tunnel under the airport runway and turf conditions will make your 18 Hole round a memorable one. 4 sets of tees are provided to give golfers of all abilities the opportunity to play. So tee it up and "Meet the Challenge" in a friendly atmosphere. Grass Tee Driving Range, Clubhouse, Light Fare daily in Tavern, Tournament Dinners under Tournament Tent, USGA-GHIN, Rental Clubs. (518) 792-4144

Westport Country Club

For over 100 years now, golfers have come by train, sailboat, paddle wheeler and carriage to relax and enjoy great golf, simple hospitality and the unspoiled scenery of the Adirondacks. Designed by Master Scottish Architect Thomas Winton near the turn of the last century, this challenging and inspiring 18 hole course has long been known for having truly outstanding greens.

518 962-4470 or 800 600-6655

Contact us at: mail@westportcountryclub.com

Saratoga National Golf Club

This Club shines Among the glitter and gallop of Saratoga Springs. And, benefiting this city of high rollers and horse racing, the club presents all takers with some of the most challenging golf you'll find anywhere. (518)583-GOLF or Fax: (518)583-4200. GOLF DIGEST awarded SARATOGA NATIONAL #5 BEST NEW UPSCALE COURSE IN USA